

Speaking Topics

Mental & Emotional Health

- Painfully Powerful: Moving from Pain to Power & Purpose
- How To Be Less Perfect: Beating the Perfectionism Trap
- Why Can't I Get Over Him?: An Empowered Guide to Moving On
- Beat The Bully: Overcoming The Psychological Impact of Bullying
- Save Me From Suicide: Suicide Prevention Strategies for Family, Schools, & Churches

Couples & Family

• Caring Conflict: Conflict Resolution for Couples & Families

Faith-Based

- I'm Not Single. I'm Just Not Married Yet: An Empowered Guide to Kingdom Singleness
- Help Me To Forgive: A Psychologically-Oriented Guide to Biblical Forgiveness

High Schools, College & University

- Diversify: Creating & Sustaining Diversity on Campus
- Mind Defense: Mental Strategies for Better athletic performance

^{*}Topics & presentations are tailored to fit your keynote, workshop, or training needs